

Yoga Consents Form

Marketing and information

Annette James Nutrition & Yoga would like to contact you occasionally by email with promotional offers, information on upcoming events and activities, and newsletters.

Please tick the appropriate box to confirm your consent to be contacted for these purposes:

- I would like to receive regular newsletters
- I would like to receive promotional offers and information on upcoming events and activities

You can withdraw your consent to the above communications at any time by clicking on the unsubscribe link at the bottom of the emails or by emailing, hello@annettejames-yoga.co.uk

Print Name.....

Date.....

Signature